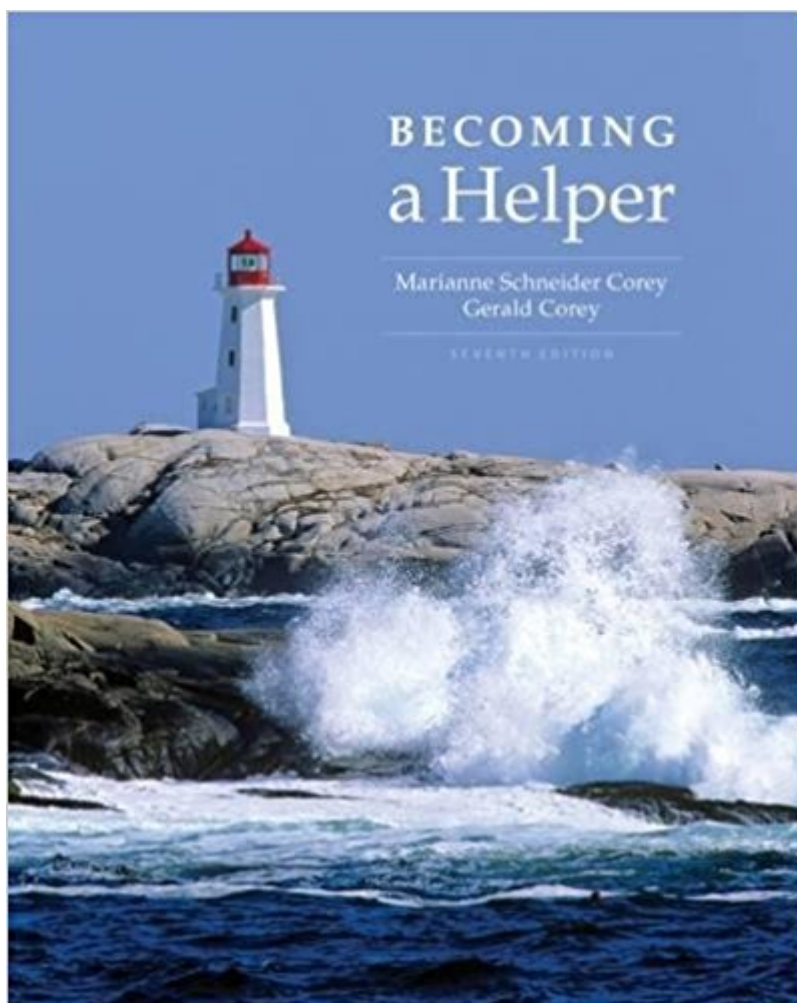


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# Becoming A Helper



## Synopsis

Ideal for anyone embarking on or considering a career in the helping professions, *BECOMING A HELPER*, Seventh Edition, provides an overview of the stages of the helping process while teaching readers the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties often encountered on the road to becoming effective helpers. They also emphasize self-reflection on a number of professional issues. Finally, the authors help readers decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they'll face in the field.

## Book Information

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## Customer Reviews

"A comprehensive orientation to the counseling profession that helps beginning level helpers become aware, knowledgeable, and skillful in facilitating the skills of empathy and professional competence." "*BECOMING A HELPER* is a warm, instructive conversation between two experienced helpers and students embarking on a career in the helping professions. Corey and Corey provide important practical and reflective information while communicating care for the students and their future clients. *BECOMING A HELPER* is the perfect first semester text for training in the helping professions." "This text is user friendly, practical, supportive, and encouraging to counselors-in-training. The information provided is based on current research and offers the readers best practices within the field. The authors do an outstanding job of balancing colloquial language with academic language-making the material interesting, engaging, yet relevant. I believe this text is

an excellent resource for not only students, but also for supervisors and current practitioners."

Marianne Schneider Corey is a licensed marriage and family therapist in California and a National Certified Counselor. She received her master's degree in marriage, family, and child counseling from Chapman College. She is a Fellow of the Association for Specialists in Group Work and received the organization's Eminent Career Award in 2001. She received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and is a member of that organization. She also holds memberships in the American Counseling Association, the American Group Psychotherapy Association, the Association for Specialists in Group Work, the Association for Multicultural Counseling and Development, the Association for Counselor Education and Supervision, and the Western Association of Counselor Education and Supervision. In the past 40 years, Marianne Schneider Corey and Jerry Corey have presented workshops in group counseling for mental health professionals at many universities in the United States as well as in Canada, Mexico, China, Hong Kong, Korea, Germany, Belgium, Scotland, England, and Ireland. In addition to ISSUES AND ETHICS IN THE HELPING PROFESSIONS, Dr. Corey has coauthored the following Cengage books: GROUPS: PROCESS AND PRACTICE, 10th Edition (2018, with Gerald Corey and Cindy Corey); I NEVER KNEW I HAD A CHOICE, 11th Edition (2018, with Gerald Corey and Michelle Muratori); BECOMING A HELPER, 7th Edition (2016, with Gerald Corey); and GROUP TECHNIQUES, 4th Edition (2015, with Gerald Corey, Patrick Callanan, and Michael Russell). Gerald Corey is Professor Emeritus of Human Services and Counseling at California State University at Fullerton. He received his doctorate in counseling from the University of Southern California. He is a Diplomate in Counseling Psychology, American Board of Professional Psychology; a licensed psychologist; and a National Certified Counselor. He is a Fellow of the American Psychological Association (Division 17, Counseling Psychology; and Division 49, Group Psychotherapy); a Fellow of the American Counseling Association; and a Fellow of the Association for Specialists in Group Work. Both Jerry and Marianne Corey received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and both also received the Eminent Career Award from ASGW in 2001. Dr. Jerry Corey was given the Outstanding Professor of the Year Award from California State University at Fullerton in 1991. He regularly teaches both undergraduate and graduate courses in group counseling and ethics in counseling. He is the author or coauthor of 15 textbooks in counseling currently in print, along with more than 60 journal articles and book chapters.

It's been a while since I read a textbook for a class, so maybe things have changed everywhere. In my past, most textbooks were rather hard to get into, packed with technical terms and somewhat plodding. I find (am reading now) *Becoming a Helper* a densely packed, user-friendly textbook that provides lots of case examples to illustrate points. It will surely become a well-used reference as I progress in my counselor training. This is my first Corey and Corey book, but will certainly not be the last. For the neophyte counselor, or helper as they term it, this is a necessary opener.

This is my textbook for my Psychology class. It is well written and the things to do at the end of each chapter really help bring home the information shared in the chapter.

Package delivered as promised. Pleased with product.

Very complete. This is a book I can see myself referring back to many times over the years.

This was a textbook required for my "Intro. to Human Services" course. I really enjoyed this book, and had I not rented it, I probably would have kept it. I found myself going back through and reading certain paragraphs as I felt I related to them so well. It's a great text for those looking to get into the Helping Profession and gives personal and professional insight. I personally felt it helped me better understand why I wanted to go into this field. I highly recommend this text and think it promotes discussion and reflection.

This book is helping a lot on understanding the concepts of life and the helper helping the clients, from among other subjects. Were on chapter 4 going into 5 now and so far my learning experience has been a lot.

This is a wonderful book for anyone who wants to become a counselor! From considering your personal reasons to ethics this book covers it all in a very easy to read and understand format.

Being in a BA program for Human Services for the last 3.5 years, I've read three or four Corey texts. In general, they write a good, comprehensive book, and this one is no different. This serves as an excellent entry point to many of the topics that should be addressed when entering the helping field, including ethical issues, internal conflict, boundaries with clients, and cultural understandings. That being said, I've been assigned it as a text in my 4th year and it is a bit late in my studies to use a

text such as this. Regardless, it has good information to offer and I recommend it.

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